Microsoft Teams

To make a test call, select your profile picture, then Settings > Devices. Choose Make a test call under Audio devices. In a test call, you'll see how your mic, speaker, and camera are working. Follow the instructions from Test Call Bot and record a short message.

How to use it:

To make a test call, open settings.

Go to devices and click Make a Test Call.

This places a call to a bot called Teams Echo. Say hi to the bot in the message box.
Once you're done speaking, the recording is played back. Again, with a suggestion that if you're happy “you’ve configured Teams Correctly” or if not, check the device settings.
Then you get a results screen which shows the names of configured devices and a green tick to indicate that they worked.